



ORCHESIS DANCE COMPANY
Director, Dianne Maroney-Grigsby
Assistant Director, Princeton McCurtain

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION

It is a special pleasure to welcome you to the GSU Orchesis Dance Company. We know that you will put forth your best effort to become an active and professional like member of this organization.

Successful organizations abide by specific guidelines. So it is with the Orchesis. Our program adheres to the following:

I. Membership Selection/Participation

I. Requirements

G.P.A. equal to or better than 2.0 per semester
Only full-time students may participate

2. Skills

Members should be able to execute dance routines effectively with showmanship, correct form and technique.

3. Directors

The director or assistants may require a performing member to re-audition for Field Show at any time.

The Director shall make casting decisions and is responsible for all production matters.

Principal and apprentice dancers will be cast in the role where they are needed, but should understand that they will not be used in every performance.

Dancers must accept the roles assigned to them, since they are assigned with consideration for the level of development and specific capabilities of the dancer, and the requirements of the overall production.

The Director has the authority to suspend any dancer whose behavior or attitude causes a bad reflection on the Company.

4. Membership

You are allowed to participate with the Orchesis Dance Company for 4 years during your undergraduate matriculation and 2 years graduate school.

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION

(CONTINUED)

5. Responsibilities and Prohibited Practices for Student Organizations

Regardless of period of time for which student has been accepted in the Orchesis dance company, they must remain consistent with the aims and purposes of the Orchesis constitution and institution. All students/members must adhere to and be accountable for the following:

This organization/members shall be open to all students meeting reasonable established organizational qualifications, and such qualifications shall not be based on race, age, religion, national origin or physical disabilities, except in cases where sex or physical condition are bona fide qualifications.

II. Responsibilities of Dancers

Practice Monday - Friday. Be prepared to practice overtime if necessary.

Be prepared for Special weekend practices (To Be Announced).

Dancers are required to attend all weekly practices unless they have a valid explanation.

All absences must be approved by the Director or Assistant(s).

Dancers must be punctual; for all classes, practices, and performances as scheduled unless previously excused.

Each individual is to arrive 15 minutes prior to scheduled practice time for personal warm-up.

Unexcused absences may result in dismissal from the Company.

Leotards and Tights are to be worn at all practices along with proper shoes for respective classes.

Dancers are responsible for keeping themselves informed on times and places of classes, practices and performances

Dancers are not to wear any jewelry during ballet classes. Only studs may be worn during half-time performances.

Dancers must complete a full dance year, August to May. No exceptions.

Dancers must return all uniforms the day following a performance.

Dancers' hair should be able to go in a Bun, and hair **MUST** be neat. Spritz or gel must be used. If you have braids you are still required to have a Bun. No Exceptions.....

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION (CONTINUED)

III. Projecting Positively

1. Ambassadors of the University

"Representing GSU" involves certain behavioral guidelines. You are to exemplify Tiger pride at all times. Old members should set good examples for new members.

Loud profane language will not be tolerated.

The use of drugs is prohibited and will result in automatic dismissal from the Company.

All Company dancers are required to participate in, and be supportive of, all projects and activities of the Orchesis Dance Company.

2. Respect for Authority

Obedience is necessary and honorable. Conforming to rules and regulations is an indication of maturity and respect for one's peers.

100% attention to the instructor, in practice, is required as well as cooperation.

Positive attitudes should be reflected in your cooperation in practice and performance.

IV. Health Care

1. **ALL** Health Challenges must be report to the Director and/or Assistants before you are allowed to perform with the Orchesis Dance Company

2. Personal Hygiene

Unightly body hair must be removed; you must use clear deodorant on a daily basis. This means the use of feminine products are appreciated.

Uniforms must be kept clean.

2. Appearance

Dancers must be neatly groomed and keep to the weight set for each individual by the director.

Body weight will be determined by your height and bone structure. Weight will be checked.

Make-up should be applied correctly, in accordance with the uniform prescribed. During a performance make-up must be worn.

Nail polish worn with uniforms should be "French Tip Clear". Nails must not be too long; length of nails to be determined by the Director or Assistants.

V. Travel Requirements

Black travel suit-skirt, pants, jacket, all white shirt if necessary, and black shoes. Travel suit must be solid black.

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION (CONTINUED)

Proper dancing shoes (jazz boots, white sneakers, character).
Black bra to wear with uniform
Nude capezio clear back bra
Black and white socks.
Two pair of dancing stockings- (Danskin Non Skimmer Toast)
Hair supplies - Hairpins, Spritz, Gel, etc.....
Make-up - Eye shadow, red lipstick, Blush, Eyeliner.
Practice clothes.
Extra clothes
Diamond stud earrings only, No gold jewelry

During Football Games

- When in uniform, no excessive talking.
- Once in formation, no talking and no waving to spectators.
- During Photograph sessions, observe 5 minute overall time limits. After you take your photo get right back in formation.
- When in the stands, do not get up unless you get an **OK** from Assistants.
- During a game, it is difficult to smile the entire game; however it is mandatory to keep a pleasant face.

When traveling, keep up with all of your belongings

During a game we may have to change on a bus. Keep tights, under garments and other personal items secure.

We do not have security for personal items when on the field, therefore leave all expensive jewelry, cameras, etc. at home.

DUES AND FINES

DUES Starting Monday November 1, 2009 will be paid every Monday.
Dues must be paid up to date if you plan to audition.

FINES To be voted on by all members of the Organization

1. Chewing gum \$0.50
2. Late \$0.25 and \$0.05 for every additional minute after 5 minutes.
3. Talking while someone is teaching \$1.00.
4. Not having hair together for performance \$2.00
5. Not having the proper stockings for performance \$2.00.
6. Forgetting Shoes Miss next audition.
7. Not returning Uniforms on time Not dancing next game.
8. Not wearing enough Make-up \$1.00.
9. Not paying attention on Field or Practice Field \$2.00.
10. Not paying attention in the stands \$2.00.
11. Not warming up for an practice \$0.50.
12. Not participating in Fund Raisers \$5.00.
13. Cell phones going off @ rehearsal \$1.00

NOTE: ALL FINES ARE TO BE PAID WITH OF BEFORE DUES ARE DUE. IF YOU GET THREE WEEKS BEHIND IN YOUR DUES YOU WILL BE AUTOMATICALLY DROPPED FROM THE ORGANIZATION.

**THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION
(CONTINUED)**

SPECIAL NOTE: YOU ARE NOW ON A UNIVERSITY LEVEL. NO ONE WILL CONSTANTLY REMAND YOU OF YOUR RESPONSIBILITIES. IF YOU MISS A PRACTICE AND NO ONE IS INFORMED, YOU SHOULD UNDERSTAND THAT YOU ARE INELIGIBLE FOR AUDITIONS. WE DO NOT ACCEPT EXCUSES AFTER THE FACT. NO EXCEPTIONS.

IF YOU CAN'T MAKE PRACTICE, CALL ONE OF THE FOLLOWING ONLY:

1. Dianne Maroney-Grigsby (O) 318-274-2201 (H) 318-927-9792
2. Princeton McCurtain (C) 513-767-4173
3. Teshia Lincoln (O) 318-274-2201 (C) 318-426-1559
4. Aliyah Hollins (C) 318-282-5518

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION (CONTINUED)

ETIQUETTE

CLASSROOM ETIQUETTE

NO JEWELRY ALLOWED IN CLASSROOM

BE ON TIME!! (BE EARLY)

Proper hair and dress

No food, drinks, or gum allowed in classrooms

ABSOLUTELY NO TALKING

Look at and listen to instructor at all times

Don't pull on leotard (Wear one that doesn't "ride up")

DO NOT BITE NAILS OR CRACK KNUCKLES IN CLASS

DO NOT CROSS ARMS OVER CHEST

DO NOT HIDE IN BACK OF CLASS

- Dance with your group if assigned to a group
- Display positive attitude & body language
- Posture & carriage -- Stand Tall
- Be confident but not overly aggressive
- Be excited about learning new material
- Write down new information in your journals
- Make new friends, find out about new friends
- No loud talking before or after classes, in classroom, or hallways
- Take turns within your group
- Clap at the end of each class
- Thank accompanist and instructors after each class
- Wear Warm-ups or Cover-ups to and from classes

HOTEL ETIQUETTE

Show respect to chaperones and other dancers at all times.

Be considerate to others. Always be kind; NO PUT-DOWNS!

Absolutely no gossiping about other dancers -- No Negatives!!

Never use or take anything from others without permission.

Do not eat food that does not belong to you.

Put your name on everything with permanent markers.

Make a list of everything you bring, so when you pack to go home you will know if anything is missing.

Review daily agenda and prepare for it before you go to bed.

Lights out at 11:30 PM!! Bed check each evening by Director or Assistant; No talking after lights out – Be considerate of others who are trying to sleep. (If you dance everyday and do not rest at night, you will have a terrible performance the following day.)

Keep all of your stuff neatly folded in your suitcases.

Keep dirty clothes in your laundry bag.

Hang/fold clean clothes up everyday -- do not leave your "things" around.

Dispose of unused food and trash.

Keep all make-up and toiletries in your make-up bag.

Assign "stations" for each dancer to keep their "stuff".

Do not borrow from others; take everything you will need. Assign "shower/bathroom" times for each room.

Rotate shower times each AM & PM, i.e. (7:00 - 7:15 AM)

(7:15 - 7:30 AM)

(7:30 - 8:00 AM)

Make beds and clean room each AM.

Check under bed every day for shoes, etc.

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION (CONTINUED)

Use good manners at all times -- (Please, thank you, yes ma'am, no ma'am, etc.)

NO ROOM SERVICE ALLOWED.

Do not charge anything to your room.

No phone calls (local or long distance) may be made from rooms.

DANCERS WILL NOT BE ALLOWED TO PERFORM FOR ANY OF THE FOLLOWING VIOLATIONS:

- Improper behavior/conduct
- Not showing respect to fellow dancers, chaperones, or teachers
- Use of profanity
- Use of drugs

DANCERS MUST BEHAVE AS WELL GROOMED YOUNG LADIES AND GENTLEMEN AT ALL TIMES AND REMEMBER THAT YOUR BEHAVIOR (GOOD OR BAD) IS A REFLECTION ON:

Grambling State University
Orchesis Dance Company
Dianne Maroney-Grigsby, Princeton McCurtain, Kim Vaughn, Jon-Jon Givens and Carol
Anglin Your parents
AND Yourselves

THINK before you speak (or act).

Dancers who violate behavior codes will be ineligible for 2009-2010 company and future travels.

Theresa, Kristi, Anitra, Kim, Jon-Jon, Carol and I are very proud of you -- make us even prouder!!

FLIGHT/TRAVEL ETIQUETTE

ABSOLUTELY NO LOUD LAUGHTER, TALKING OR SCREAMING ON THE VEHICLES WHILE TRAVELING Loud noise is irritating to the other passengers and will not be tolerated. Please be considerate of those who are studying and/or sleeping.

DO NOT LITTER THE VEHICLES in which you travel. Leave them as clean as you found them (or cleaner!).

Thank each bus driver when riding shuttles.

Visit and enjoy everyone -- don't stay in your usual "clique" or groups.

FOOTBALL FIELD AND THEATER ETIQUETTE

When the company has completed its performance, or is waiting to Perform, and as a member of the audience, you must show support and respect for all other dancers performing. No talking during performances.

When entering the theater or field, go to the dressing room, warm up, do not talk, listen for directions. We have ONE "walk through" and ONE "run through". If we do not get through our blocking/spacing rehearsal quickly, we will not have time to run our piece.

Backstage etiquette is absolutely imperative "NO TALKING ALLOWED"!!! Professionalism is expected at all times. Be on best behavior at all times. Dancers must wear required stage Makeup. (I will personally check each one of you).

Use good manners and Please be kind and considerate to other dancers at all times. Think before you speak!

THE ORCHESIS DANCE COMPANY GUIDELINES AND CONSTITUTION (CONTINUED)

Do not take jewelry or expensive items with you backstage.
Do not leave money or purses in dressing rooms unattended.

Be on time. Absolutely no food or drinks allowed in dressing rooms or near expensive costumes.

Dressing rooms must be left cleaner than you found them.
Turn in unitards after wearing.

You will be graded on the following: Performance, Knowledge and execution of choreography (Preparation), Stage presence, make-up, hair, costume, Theater etiquette (backstage, in wings and on stage) behavior, professionalism, teamwork, cleanliness and neatness of dressing room, etc.

Use of profanity is absolutely prohibited.
Dancers who violate rules will be fined appropriately.
Your performance backstage is just as important as onstage.
Thank the stage hands and backstage crew for their help.